

Boston Chicken & KFC Rotisserie Style Chicken

Serving Size : 4

1/4 c Oil

1 tb Honey

1 tb Lime juice

1/4 ts Paprika

Season salt

4 Chicken breast halves with skin

Mix all ingredients well in saucepan and warm just to melt honey. Arrange 4 chicken breast halves, skin-side-up in a square baking dish or pan, sprayed with Pam.

Bake uncovered at 400~ about 35 to 40 minutes, basting chicken without turning them, 3 or 4 times during baking or until nicely browned.

Immediately upon removing from oven, seal baking dish tightly in foil and let stand 15 to 20 minutes before serving.